

Ultimate Chef

- Kitchen Safety and Sanitation
 - Foodborne Illnesses
 - Proper food handling
 - Kitchen equipment
 - Abbreviations
 - Equivalents
 - Recipes reading
 - Measuring techniques
- Culinary Terms
 - Bake
 - Yield
 - Knead
 - Leavening Agent
 - Knife Cuts and Parts of a knife
 - Creaming Method of Cooking
 - Cutting in Method of Cooking
- Recipes
 - Cookie variations
 - Sugar
 - Oatmeal
 - Chocolate chip
 - Snickerdoodle
 - Bruschetta on Baguette
 - Mac and Cheese
 - Vegetable Fried Rice
 - Mini Pies
 - Brownies
 - Cinnamon Rolls
- Entrepreneurship
 - Unit Pricing
 - Recipe Evaluation
 - Marketing Strategies
 - Cupcake Wars
- Garment Construction
 - Sewing Safety/Tools
 - Ironing Safety
 - Sewing Machine Operation
 - Apron Construction